Emergency Essential Shopping Kit List

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Food	Communication
 7 Day supply of non-perishable food 	 Portable, battery powered radio
that does not need cooking	
 Hand operated can opener 	Land line phone
 Plastic plates, cups and utensils 	 Extra batteries for flashlights,
	lanterns and radio
Water	 Cell phone battery and charger
 1 gallon of drinking water per 	Family Safety Items
person per day for 5 days	
First Aid	 Smoke detector with batteries
 Red Cross approved first aid kit 	Fire extinguisher
Backup prescriptions for essential	Non-scented bleach for sanitation
medications	
Personal Hygiene	 Sunscreen
 Hand sanitizer or disinfectant wipes 	Insect repellant
 Toilet paper, paper towels, garbage 	 Shovel and basic tools
bags	
 Dental care and vision products 	Transportation
 Travel size soaps and other beauty 	 Basic repair items (tools, tire repair,
supplies	oil)
Baby Items	 State and regional road maps
 Formula, bottles, powdered milk 	 Games, books, puzzles, video
and juices	games
 Diapers 	Pet Needs
 Baby wipes 	 7-day supply of non-perishable food
 Diaper rash ointment 	 Pet medications
Lighting	 Cat litter box
 Flashlights for each family member 	Pet bed and toys
with extra batteries	
Florescent lanterns	Swimming Pool
Waterproof matches or lighter	Liquid chlorine
_	Tarp for mechanical equipment
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Fuel	
FuelGas for the generator	